

**ADULT INTAKE INFORMATION – page 1**  
(To be completed by client)

Client's Name: \_\_\_\_\_ Today's Date \_\_\_\_\_

Partner's Name (if being seen as a couple): \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_ Partner's phone: \_\_\_\_\_

Cell : \_\_\_\_\_

May we leave messages for you at home?  Yes  No    May we leave messages for you at work?  Yes  No

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Others Living in Home (name, birth date, relationship to client): \_\_\_\_\_

Education: Self: \_\_\_\_\_ Partner: \_\_\_\_\_

Occupation: Self: \_\_\_\_\_ Partner: \_\_\_\_\_

Client's Employer: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Referred by: \_\_\_\_\_

**INSURANCE INFORMATION**

Name of Insured: \_\_\_\_\_ Insured Date of Birth: \_\_\_\_\_

Address of Insured: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Relationship of Client to Insured: \_\_\_\_\_ Employer of Insured: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Company Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Insurance Identification Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Secondary insurance: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of Secondary Insured: \_\_\_\_\_ Insured Date of Birth: \_\_\_\_\_

Secondary Company Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Secondary Identification Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

**PATIENT OR AUTHORIZED PERSON'S SIGNATURE** I authorize the release of any medical or other information necessary to process a claim. I also request payment of government benefits either to myself or to the party who accepts assignment. I authorize payment of medical benefits to the provider of services

\_\_\_\_\_ Date: \_\_\_\_\_

<b>FOR OFFICE USE ONLY</b> <b>DIAGNOSIS:</b>
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## ADULT INTAKE INFORMATION – page 2

(To be completed by client)

### MEDICAL HISTORY

How do you rate your current physical health? (please circle)

Poor      Unsatisfactory      Satisfactory      Good      Very Good

Had any major injuries or accidents? (please circle)

Yes      No

Major illnesses? (please circle)

Yes      No

Are you currently experiencing any chronic pain? (please circle)

Yes      No

How do you rate your current sleeping habits? (please circle)

Poor      Unsatisfactory      Satisfactory      Good      Very Good

How many times per week do you exercise? \_\_\_\_\_

Name of your Primary Care Physician: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Date of your most recent physical exam: \_\_\_\_\_

List all medications you are currently taking & the dosage of each, if known:

\_\_\_\_\_

Name of Psychiatrist or Psychiatric Nurse Practitioner: \_\_\_\_\_

### Mental Health History:

Are you currently experiencing any of the following? (please circle)

Overwhelming sadness, grief or depression      Yes      No

Anxiety, panic attacks or have any phobias?      Yes      No

Eating problems?      Yes      No

Sexual problems?      Yes      No

Hyperactivity or uncontrollable energy?      Yes      No

Difficulty paying attention or concentrating?      Yes      No

Has the client or anyone in your family ever received counseling?    \_\_\_ Yes    \_\_\_ No

Has anyone in the family ever received medication or been hospitalized for mental health reasons?    \_\_\_ Yes    \_\_\_ No

Has anyone in the family threatened or attempted suicide?    \_\_\_ Yes    \_\_\_ No

**ADULT INTAKE INFORMATION – page 3**

(To be completed by client)

Has your or a family member's drug or alcohol use caused problems in the family?

\_\_\_\_\_ Yes \_\_\_\_\_ No

If yes please explain \_\_\_\_\_

Primary substance

Age of first use

Number of days since last use

Frequency of use or degree of impairment

**Additional Information:**

Do you enjoy your work? Is there anything stressful about your current work?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is your ethnic/cultural background and spiritual or religious background?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you consider to be some of your strengths?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you consider to be some of your weaknesses?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What would you like to accomplish out of your time in therapy? (the reason you are seeking services):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Paula Levinrad provides services to all clients who are eligible regardless of race, color, religion, national origin, sex, age, marital status, disability, or other factors prohibitive by law or regulation.**

**I authorize billing to my insurance company and payment of medical benefits directly to Paula Levinrad. I authorize Paula Levinrad to provide information to my insurance company that is necessary to complete this billing process.**

**I agree to provide at least 24 hours notice of cancellation of an appointment**

**I authorize the release of any medical or other information necessary to process a claim. I also request payment of government benefits either to myself or to the party who accepts assignment. I authorize payment of medical benefits to the provider of services.**

**Signature of Client or Guardian \_\_\_\_\_ Date: \_\_\_\_\_**

